2024 HIV DRUG CHART

This guick-reference chart compares antiretroviral (ARV) options for the treatment of HIV, including adult dosing and dietary restrictions. Visit poz.com/drugchart for more info.

*Generic version available in the U.S.

(Pills not shown actual size)



ATRIPLA *

efavirenz + tenofovir disoproxil fumarate + emtricitabine

One tablet once a day. Each tablet contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.



BIKTARVY

bictegravir + tenofovir alafenamide + emtricitabine

One tablet once a day. Each tablet contains 50 mg bictegravir + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.





cabotegravir + rilpivirine

A long-acting injectable regimen administered as two intramuscular injections every four weeks or eight weeks. A one-month lead-in period with Vocabria (cabotegravir) + Edurant (rilpivirine) pills is optional. Take with food.



COMPLERA

rilpivirine + tenofovir disoproxil fumarate + emtricitabine

One tablet once a day. Each tablet contains 25 mg rilpivirine + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with a meal.



DELSTRIGO

doravirine + tenofovir disoproxil fumarate +

One tablet once a day. Each tablet contains 100 mg doravirine + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.



dolutegravir + lamivudine

One tablet once a day. Each tablet contains 50 mg dolutegravir + 300 mg lamivudine. Take with or without food.



GENVOYA

elvitegravir + cobicistat + tenofovir alafenamide + emtricitabine

One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 10 mg tenofovir alafenamide 200 mg emtricitabine. Take with food.



tenofovir disoproxil fumarate + lamivudine

One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or



DESCOVY

tenofovir alafenamide + emtricitabine

One tablet once a day. Each tablet contains 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.



EMTRIVA*

emtricitabine (also known as FTC)

One 200 mg capsule once a day. Take with or without food.



EPIVIR*

(NRTIs, or nukes)

scriptase Inhibitors

lamivudine (also known as 3TC)

One 300 mg tablet once a day, or one 150 mg tablet twice a day. Take with or without food. Also approved for the treatment of hepatitis B virus but at a lower dose. People living with both viruses should use the HIV dose.



EPZICOM*

abacavir + lamivudine

One tablet once a day. Each tablet contains 600 mg abacavir + 300 mg lamiyudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.



tenofovir disoproxil fumarate + lamiyudine

One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.



TRUVADA *

tenofovir disoproxil fumarate + emtricitabine

One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with or without food.



VIREAD*

tenofovir disoproxil fumarate

One 300 mg tablet once a day. Take with or without food.



ZIAGEN *

One 300 mg tablet twice a day, or two 300 mg tablets once a day. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.



atazanavir + cobicistat

One tablet once a day. Each tablet contains 300 mg atazanavir + 150 mg cobicistat. Take with food.



KALETRA*

lopinavir + ritonavir

Two tablets twice a day, or four tablets once a day, depending on HIV drug resistance. Each tablet contains 200 mg lopinavir + 50 mg ritonavir. Take with or without food.



PREZCOBIX

darunavir + cobicistat

One tablet once a day. Each tablet contains 800 mg darunayir + 150 mg cobicistat. Take with food.



PREZISTA

darunavir

One 800 mg tablet or two 400 mg tablets plus one 100 mg Norvir tablet once a day, or one 600 mg tablet plus one 100 mg Norvir tablet twice a day, depending on drug resistance. Take with food.



REYATAZ*

atazanavir

Two 200 mg cansules once a day or one 300 mg cansule plus one 100 mg Norvir tablet once a day. Take with food



raltegravir

Two 600 mg Isentress HD tablets (shown) once a day for those who are treatment naive or whose virus has been suppressed on an initial regimen of Isentress. One 400 mg Isentress tablet twice daily for people with HIV treatment experience. Take with or without food



TIVICAY

dolutegravir

One 50 mg tablet once a day for those first starting ARV therapy or for those who have not used an integrase inhibitor in the past. One 50 mg tablet twice a day for people with treatment experience who have HIV that is resistant to other integrase inhibitors and when taken with certain ARVs. Take with or without food.



VOCARRIA

cabotegravir

One 30 mg tablet taken once a day with once-daily Edurant for a month as an optional lead-in regimen before switching to Cabenuva injections or for short-term treatment. Take with food.



JULUCA

dolutegravir + rilpivirine
One tablet once a day. Each tablet contains 50 mg dolutegravir + 25 mg rilpivirine. Take with a meal.



ODEFSEY

rilpivirine + tenofovir alafenamide + emtricitabine

One tablet once a day. Each tablet contains 25 mg rilpivirine + 25 mg tenofovir alafénamide + 200 mg emtricitabine. Take with a meal.



STRIBILD

elvitegravir + cobicistat + tenofovir disoproxil fumarate + emtricitabine

One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with food.



SYMFI AND SYMFI LO

efavirenz + tenofovir disoproxil fumarate +

One tablet of either Symfi or Symfi Lo once a day. Each tablet of Symfi contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Each tablet of Symfi Lo (shown) contains 400 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.



SYMTUZA

darunavir + cobicistat + tenofovir alafenamide + emtricitabine

One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.



TRIUMEO

dolutegravir + abacavir + lamivudine

One tablet once a day. Each tablet contains 50 mg dolutegravir + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.



EDURANT rilpivirine

One 25 mg tablet once a day. Take with food.



INTELENCE

etravirine

Inhibitors (NNRTIs, or non-nukes)

One 200 mg tablet twice a day. Take with food.



PIFELTRO

doravirine

One 100 mg tablet once a day. Take with or without food.



SUSTIVA*

efavirenz

One 600 mg tablet (shown) once a day, or three 200 mg capsules once a day. Take on an empty stomach or with a low-fat snack. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.



RUKORIA

fostemsavir

One 600 mg tablet twice a day for people with HIV treatment experience. Take with or without food.



SELZENTRY

maraviroc

One 150 mg, 300 mg (shown) or 600 mg tablet twice a day. depending on other meds used, for people with HIV treatment experience. Take with or without food.



TROGARZO

ibalizumab

A long-acting injectable administered intravenously as a single loading dose of 2,000 mg followed by a maintenance dose of 800 mg every two weeks for people with HIV treatment experience.





NORVIR *

ritonavir

Norvir is usually taken to boost the levels of other ARVs in the blood. Take with food.



cobicistat

One 150 mg tablet once a day in combination with ARVs that require boosting. Used only to boost other drugs. Take with food.





SUNLENCA

lenacapavir

Sunlenca tablets are taken as a loading dose, with injections once every six months thereafter. Take with or without food.

These antiretroviral medications are rarely prescribed and no longer recommended:



APTIVUS tipranavir

COMBIVIR* zidovudine + lamivudine









LEXIVA

FUZEON enfuvirtide







RETROVIR* zidovudine (AZT)



TRIZIVIR

abacavir + zidovudine + lamivudine



VIRACEPT nelfinavir







ZERIT stavudine (d4T) You can live well with HIV

It's important to start HIV treatment as soon as possible and stick with it. Remember to take your treatment as prescribed and stay engaged in care. Taking care of yourself is a great way to help you live well with HIV.

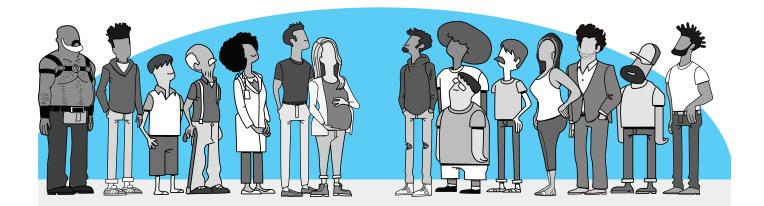


There is power in maintaining your sexual health

HIV doesn't have to stop you from being you. Discover helpful tips and support to keep living your authentic life.

Find more helpful information and resources at **HelpStopTheVirus.com**

STOP THE VIRUS.







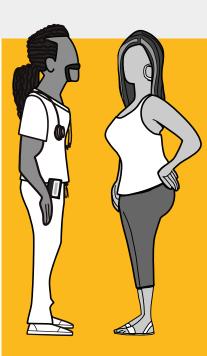
Treatment helps prevent the spread of HIV

If you're living with HIV, a major goal is to get your viral load to undetectable. This means that there is so little virus in the blood that a lab test can't measure it. Current research shows that taking treatment as prescribed and getting to and staying undetectable prevents the transmission of HIV through sex. This is also known as U=U.

Why U=U matters

U=U means undetectable=untransmittable. It helps destigmatize living with HIV, raises awareness that today's medications can be effective, and reminds people of the importance of continuing to take treatment as prescribed. Stay empowered to live a longer and healthier life.





Speak with your healthcare provider

It's important to be open and honest with your healthcare provider to find the right treatment for you and your routine. No questions are off limits when you meet with them.



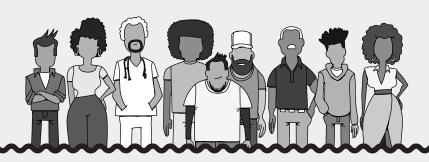
Learn how to look after your health

If you are living with HIV, talk to your healthcare provider about treatment options.

Help Stop the Virus provides resources and information that can help you stay engaged in your health. Visit HelpStopTheVirus.com —



SEEINSIDE





STOP THE VIRUS.